	THIS IS OUR FAITH – CORE LEARNING ON MASS & THE EUCHARIST
E&O CODE	CORE LEARNING
	EARLY LEVEL
P1 RERC	I can share that Sunday is a special day when the Catholic Christian community meets to celebrate Mass
0-16a	I know that Sunday is the most important day of the week for Christians
	I am learning that, on Sundays, Catholics have a duty to go to Mass to thank God for his love for us.
P.77	I can participate at Mass by being still, listening and praying with others.
	FIRST LEVEL – PRIMARY 2
P2 RERC 1-07a	I have explored the events of the Passion, Death and Resurrection of Jesus and I have reflected on the Catholic meaning of eternal life.
P.86	I know that Jesus shared an important meal with his friends before he died on Good Friday, that this is called "The Last Supper" and that it was the first Eucharist (1 Corinthians 11: 23 – 26)
P2 RERC 1-08a	I know that through the community of the Church, people can experience God's love and care and I have reflected on how this community celebrates together
P.87	I recognise that we are all members of God's family and, just as we celebrate special events with our families, we gather to celebrate special occasions with our Parish family, e.g. Sunday Mass, baptisms, weddings, funerals
P2 RERC 1-11a	I can share some Bible stories and I can explore how God speaks to us through these stories. I have reflected on how these stories can help me to live a Christian life.
	I understand that, at Mass, we can hear and respond to the word of God
P.89	I am able to make the following responses to the Word of God at Mass: Thanks be to God; Praise to you Lord Jesus Christ
P2 RERC 1-16a	I know that the Mass is at the heart of Catholic community life, and I am developing an understanding of how to participate fully in this celebration
	I know that, all over the world, Mass is celebrated by the priest and people on Sunday and, very often, during the week
	I know that Catholics have a duty to attend Sunday Mass each week to show love and respect for Jesus and to help us to follow in his ways.
	I know how to process into the church and genuflect before entering or leaving my seat

P. 91	I am becoming familiar with the responses at Mass by learning about the Introductory Rite, and I can recognise that this is God's invitation to gather and pray.
	FIRST LEVEL – PRIMARY 3
P3 RERC 1-16a	I know that the Mass is at the heart of Catholic community life, and I am developing an understanding of how to participate fully in this celebration
	I know that Catholics have a duty to attend Sunday Mass every week
	I understand that there are two parts to the Mass: the Liturgy of the Word and the Liturgy of the Eucharist
	I know that during the Liturgy of the Word I hear readings from the Old Testament and the New Testament, and I
	listen to God's message to me
	I can join the worshipping community by asking for God's forgiveness during the Penitential Rite
P. 105	I can pray the Confiteor and I am beginning to understand the meaning of this prayer.
P. 105	I know how to offer the Sign of Peace to others during Mass
	FIRST LEVEL – PRIMARY 4
P4 RERC	I know that a loving God has created me and that my uniqueness can develop according to God's plan for me
1-02a	I have listened to the following scriptural narratives where Jesus called people to follow him and I recognise that
	he called them into the community of faith.
	 Matthew 4:18-22 – Peter and Andrew, the first of the Apostles, called by Jesus to be among his special companions
	 John 20: 16-18 – Mary Magdalene, called by name by the Risen Jesus and sent back to the faith community to witness to the resurrection
	• Luke 24:13-35 – the narrative of the two disciples, on the road to Emmaus, who meet the risen Christ and return to the Apostles and their companions to tell them that Jesus is alive
	By reflecting on these scriptural narratives and on the sacraments of initiation, I understand that I am not called to
P. 113	live out my journey of faith and life in isolation from others but within the community of the Chuech.
P4 RERC	I have examined some political, social historical and religious elements in first-century Palestine and gained an
1-06a	understanding of Jesus' life on earth
	I know that Sunday is the Christian holy day because it is the day that Jesus rose from the dead (Matthew 28:1)
	I can recognise that, while in the synagogue, Jesus would have read prayers called Psalms and I know that when
P. 116	we go to Mass on Sunday we pray the same Psalms which are taken from the Old Testament

P4 RERC	I have explored the events of the Passion, Death and Resurrection of Jesus and I have reflected on the Catholic
1-07a	meaning of eternal life.
	I know that the Last Supper took place around the time of the Jewish celebration of Passover (Mark 14:12-16)
	I recognise that this meal was the first celebration of the Eucharist and that it is recalled every time we go to Mass
	I know that, at Mass, the sacrifice of the Cross is made present and that we participate in it and encounter the
	Risen Christ
	I know that at Mass the bread and wine are changed into the Body and Blood of Christ at the Consecration.
	I know that the death and resurrection of Jesus Christ is known as the "Paschal Mystery"
P. 117	I can read and recall Jesus' triumphant entry into Jerusalem (e.g. Matthew 21:1-11; Mark 11:1-11; Luke 19:28 –
	40) and I recognise that we pray the same words as the crowd when we pray the Sanctus (Holy Holy) during Mass
P4 RERC	I know that through the community of the Church, people can experience God's love and care and I have
1-08a	reflected on how this community celebrates together
	I understand that the celebrations of First Reconciliation, Confirmation and First Communion are community
	celebrations which involve home, parish and school
P. 118	I understand that we are called to celebrate the Sacraments of Reconciliation and Eucharist regularly in order to
	grow in holiness and strengthen our faith
P4 RERC 1-09a	I am exploring the Sacraments of Initiation and Reconciliation and I have reflected on how the Sacraments help
1-034	to nurture faith (where Sacrament of Confirmation is celebrated in Primary 4)
	I know that the Sacraments of Initiation are Baptism, Confirmation and Eucharist and that, through these, I am
P. 119	welcomed into the community of faith, the Church.
P4 RERC 1-09a	I am exploring the Sacraments of Initiation and Reconciliation and I have reflected on how the Sacraments help
1 030	to nurture faith (Preparing for Sacrament of Eucharist in Primary 4)
	I know that the Sacraments of Initiation are Baptism, Confirmation and Eucharist and that, through these, I am
	welcomed into the community of faith, the Church.
	I know the importance of participation in the Sacrament of Penance which helps me to receive the Sacrament of
	the Eucharist more worthily
	I have explored the Sacrament of the Eucharist in the other Strands of Faith and I can understand and explain the
	significance of its different names:
	Eucharist: thanksgiving to God (The Last Supper took place during the celebration of the Passover when the
	Jewish people gave thanks to God for freedom from slavery. Son of God RERC 1-06a, RERC 1-07a)

- Sacrifice of the Mass: Jesus' death and resurrection made present (Son of God RERC 1-07a)
- Real Presence: the Risen Jesus truly present among us (Son of God RERC 1-05a; Son of God RERC 1-07a)
- Holy Communion: uniting us with God and one another in the community of the Church (In the Image of God RERC 1-02a)
- Mass: being sent out to live the Gospel (Reign of God RERC 1-20a)

(The above 5 points represent a summary of learning from the other Strands which relate to preparation for the Sacrament of the Eucharist)

I can hear, read and recall two or more of the following narratives from the Old and New Testament that tell how God nourished people on their faith journey:

- Manna (Exodus 16:11-18)
- Journey of Elijah (1 Kings 19:4-8)
- Miracle of the loaves (Mark 6:30-44)
- Samaritan woman (John 4:7-15)
- I am the Bread of Life (John 6:32-40)
- The appearance on the shore of Tiberias (John 21:9-14)

I know that, at the Last Supper, Jesus chose bread and wine, which nourish us physically, as symbols of the spiritual nourishment he wished to give us

I know that we are spiritually nourished in the Eucharist because the bread and wine are changed into the Body and Blood of Christ at the Consecration

I understand the significance of the following parts of the Mass:

- Entrance Rite: Penitential Rite, Gloria (these take place at the Presidential Chair)
- Liturgy of the Word: readings, including the Psalm; Gospel Acclamation; Gospel; Homily; Creed; Prayers of the Faithful (these take place at the Lectern)
- Liturgy of the Eucharist: Offertory; Sanctus (Holy Holy); Eucharistic Prayer; Memorial Acclamation; Great Amen; Our Father; Sign of Peace; Agnus Dei/Lamb of God; Communion (these take place at the Altar)
- Dismissal

I know that when I receive the Eucharist in First Holy Communion, this will be the centre and highpoint of my Christian initiation which began with Baptism and is strengthened and deepened in Confirmation (whenever it is received)

P. 121 - 122	I understand that, when I receive the Eucharist, I am united to Jesus in a most special and wonderful way, and I am nourished by him.
P4 RERC 1-14a	I recognise the importance of personal prayer and communal prayer in the growth of all people's relationship with God. I know a number of traditional Catholic prayers and I have developed an understanding of the meaning of these prayers. I have participated in different approaches to, and experiences of, prayer. I can describe how prayer is an important part of the liturgical and devotional life of the Church. I have reflected on how all of these are different ways of worshipping God.
P.125	I know the <i>Nicene Creed</i> , all Mass responses, and the <i>Sorrowful Mysteries of the Rosary</i> I have been prepared to participate in Eucharistic Adoration and I know that this is a special way of praying to Jesus who is present in the Eucharist, beyond the celebration of Mass in the school or parish setting
P4 RERC 1-16a	I know that the Mass is at the heart of Catholic community life, and I am developing an understanding of how to participate fully in this celebration During preparation for First Holy Communion, I have been given opportunities to reflect on the privilege and duty of all Catholics to attend Sunday Mass every week. I know that, during Sunday Mass (except during Advent and Lent), we sing or say the Gloria which is a prayer of praise to God I know the general requirement of Church Law that I should fast for an hour before receiving Holy Communion, that this is a mark of respect for the Eucharist and is known as the Eucharistic Fast. I can show my understanding of the importance of the Liturgy of the Word by saying or singing the Gospel
P. 127	Acclamation and standing to greet the Gospel. I can respond in word and gesture to the invitation to greet the reading of the Gospel. I know that during the Eucharistic Prayer the bread and wine are changed into the Body and Blood of Jesus, I know that, at the Consecration, as the priest raises the Body and Blood of Jesus, I raise my gaze and then bow my head in prayer. I can receive Communion prayerfully in word and gesture and take time to pray in thanksgiving for the gift of the Eucharist. I know that during Mass the priest invokes the presence of the Holy Spirit and that the Holy Spirit inspires us to pray.

P4 RERC 1-17a	I have, through liturgical experiences, reflected on an ability to respond to symbols and take part in rituals in order to worship God	
	I can explain rituals associated with the Consecration, particularly the gestures of the priest and my response to	
P. 128	the Consecration	
P4 RERC	I know some of the signs and symbols related to Lent, Easter, Pentecost, Advent and Christmastide and I can use	
1-18a	this understanding to help me explore the themes of these celebrations	
	I can express my joy at the Resurrection of Jesus through proclaiming the Gospel Acclamation, except in Lent, in	
P. 129	our communal prayer and liturgies	
P4 RERC	I know that God has given me the freedom to make choices about the way I live my life. I have reflected on how	
1-23a	the decisions of my conscience affect my relationship with God and others.	
	I know that God commands us, out of love, to keep Sunday as a holy day. (Third Commandment: Remember to	
	keep holy the Lord's day) and that one of the ways the Catholic community does this is by participation at Mass	
P. 132	each Sunday	
	SECOND LEVEL – PRIMARY 5	
P5 RERC 2-07A	I have explored the events of the Passion, Death and Resurrection and I have reflected on the Catholic meaning	
2-07A	of eternal life	
	I can recognise that the Death and Resurrection of Jesus in Holy Week and Easter (also known as the "Paschal	
P. 146	Mystery") are the central events of the Christian story and are at the heart of Christian life. I know that this is what	
	we celebrate at the Eucharist on a Sunday	
P5 RERC 2-09a	I can understand that the Eucharist is "the source and summit of the Christian life".	
2 034	I know that the Eucharist is "the source and summit of the Christian life":	
	Source because it is, above all, by receiving Jesus' Body and Blood that we draw the spiritual power,	
	nourishment, and strength to live our Christian mission	
	Summit because in it we encounter the high point of our faith; the death and resurrection of Jesus	
	I recognise that, in the Eucharist, God's saving work in Jesus is recounted and celebrated	
	I know that, by recounting and celebrating his death and resurrection, the saving sacrifice of Christ's death on the	
P. 149		

P5 RERC 2-16a

I know that the Mass is at the heart of Catholic community life, and I am developing an understanding of how to participate fully in this celebration

I know that Catholics have a duty to attend Sunday Mass every week and I recognise that it is a privilege and a responsibility for me to attend Mass and to learn about my faith through my participation in the Eucharist

I know the general requirement of Church Law that I should fast for an hour before receiving Holy Communion, that this is a mark of respect for the Eucharist and is known as the Eucharistic Fast.

I am increasing my knowledge of the Prayers of the Mass

I am growing in my ability to prepare for Sunday Mass through reflection on the readings during each week with the help of my teacher

I know that, during Mass, the priest and the people often offer prayers of intercession for the Universal Church, the world and the local community.

I know that, during the homily, the priest helps us to understand the readings of the Mass and encourages us to follow Jesus.

P.154

SECOND LEVEL - PRIMARY 6

P6 RERC 2-09b

I can understand that the Eucharist is "the source and summit of the Christian life".

I know that the Holy Eucharist is the sacrament in which Jesus Christ nourishes us with his Body and Blood so that we might give ourselves to him and to others in love.

I understand that the Holy Eucharist is the special sacrament of union with Christ and communion with his Body, the Church

I can recall from P5 that the Eucharist is called "the source and summit of the Christian life".

I know that the Eucharist is called "the summit" of Christian life because it is the memorial of the mystery of his death and resurrection and the sacrament in which we receive the Body and Blood of Jesus so that we can be nourished for our Christian lives as members of Christ's Church.

I know that the word "Mass" comes from the Latin for "sent" (ite missa est) and that, at the end of Mass, we are sent on a mission to live the values of the Gospel

I can recognise that the priest invokes the Holy Spirit on the bread and wine to change them into the Body and Blood of Christ

I can recognise that the priest also asks God to fill the people with the Holy Spirit so that they can grow in the fullness of charity and become one body.

P.173	I understand that, nourished by the Eucharist and filled with the Holy Spirit, I can live the Gospel values of charity/love, unity, peace, service, holiness and justice.
P6 RERC 2-16a	I know that the Mass is at the heart of Catholic community life, and I am developing an understanding of how to participate fully in this celebration
	I know all the responses to the Mass, and I can actively and prayerfully participate each time I attend.
	I am growing in my ability to prepare for Sunday Mass through reflection on the readings during each week with the help of my teacher
	I know the general requirement of Church Law that I should fast for an hour before receiving Holy Communion, that this is a mark of respect for the Eucharist and is known as the Eucharistic Fast.
	I have been given opportunities, with support from my teacher and chaplain, to be involved in planning a celebration of the Eucharist
	I know that, as a Catholic, I have a duty to attend Mass on Sundays and holidays of obligation, requiring me to
	prioritise my time to do so and I am able to connect this with my understanding of the Third Commandment:
P. 177	Remember to keep holy the Lord's day.
	SECOND LEVEL – PRIMARY 7
P7 RERC 2-05a	I know that Jesus is truly divine and truly human, and I can acknowledge Him as our Saviour who brings the New Covenant
	I know that we share in the New Covenant at Mass, which was instituted at the Last Supper when Jesus said: "This
D 404	is my blood, the blood of the new and everlasting covenant. It will be shed for you and for many, so that sins may
P. 191	be forgiven. Do this is memory of me."
P7 RERC 2-09b	I can understand that the Eucharist is "the source and summit of the Christian life".
2-035	I can hear, read and recall the Eucharistic narrative of two Disciples on the road to Emmaus (Luke 24:13-35)
	I can recognise the Eucharistic themes contained within this narrative:
	• The disciples encountered Jesus on their journey on Easter Sunday, while they are downcast as they reflect
	on the events of the previous days (At Sunday Eucharist we encounter Jesus as we bring the joys, sorrows and events of the week and offer them to God.)
	 On the road, Jesus explains the Scriptures to the disciples and their hearts burn within them (Through the scriptures in the Liturgy of the Word, Jesus still speaks to us, and the homily helps us to reflect on how we can respond to God's Word)

	 While Jesus is with the disciples at table, he takes the bread, says the blessing, breaks it and hands it to them, and in this "breaking of bread" they recognise him (In the Liturgy of the Eucharist, the priest uses the same gestures, and we recognise the Risen Jesus, truly present in our midst.)
P. 199	• The disciples immediately go out to share the <i>Good News</i> that Jesus is risen. (At the end of the Eucharist we are sent out on a mission to share the Good News about Jesus.)
P7 RERC 2-11a	I have studied the structure of the Bible. I can identify the different parts of the Bible and I have explored God's message in these.
P.200	I know that at Mass, after the first reading, one of the Psalms is prayed, either spoken or in song.
P7 RERC 2-14a	I recognise the importance of personal prayer and communal prayer in the growth of all people's relationship with God. I know a number of traditional Catholic prayers and I have developed an understanding of the
	meaning of these prayers. I have participated in different approaches to, and experiences of, prayer. I can describe how prayer is an important part of the liturgical and devotional life of the Church. I have reflected on
P. 203	how all of these are different ways of worshipping God.
	I have prepared to participate in Eucharistic Adoration in class, school or parish prayer.
P7 RERC 2-16a	I know that the Mass is at the heart of Catholic community life, and I am developing an understanding of how to
2-10a	participate fully in this celebration
	I know that it is an obligation and privilege to attend Sunday Mass and I recognise my own responsibility to do so.
	I am growing in my ability to prepare for Sunday Mass through reflection on the readings during each week with the help of my teacher
	I know the general requirement of Church Law that I should fast for an hour before receiving Holy Communion
	I am developing my ability to plan a celebration of the Eucharist and to participate in the various ministries open
	to me
P. 205	I understand and appreciate the role of the Altar servers and the music ministry and have considered what my contribution to each of these could be.
	THIRD LEVEL – S1
S1 RERC	I have reflected upon the significance of the Sacraments in the life of the community of faith. I can describe how
3-08a	these provide important encounters with Jesus throughout life.
	I have explored Baptism, Confirmation and the Eucharist and have reflected upon the significance of the
	Sacraments of Initiation for my own faith development.

I can explain the article of faith that, through the Eucharist, Christ is truly present – body, blood, soul and divinity. • I understand that Christ is present in all the sacraments, but is present in a special and most excellent way in the Eucharist I can explain the meaning of the term "Transubstantiation" as the Church's traditional word used to express the wonderful change of the reality of the bread and wine into the true Body and Blood of Jesus Christ I realise that the Eucharist is a sign of unity in the Church and enables us to grow in love for our neighbour • I am aware of the Eucharist as the most important celebration in the Church ("source and summit" – CCC1324) and that it is the centre of Christian life. I can explain how, through the Eucharist, Jesus gives his flesh and blood to eat and the faithful are transformed I understand that, through the Eucharist, Christ's saving sacrifice on the Cross is made present. • I understand that participating at Mass and developing knowledge of the liturgy are essential to nourish and sustain the life of the community and to grow in relationship with Jesus Having explored these sacraments, I can describe how the Christian's relationship with Jesus develops as they are born anew in Baptism, is strengthened by Confirmation and is nourished by the Eucharist. I understand that as a Catholic I am obliged to go to Mass (i.e., participate in the celebration of the Eucharist) on Sundays and Holy Days. P. 224/5 I know that I am encouraged to receive the Sacrament of Reconciliation regularly so that I can be in a state of grace to receive Jesus in the Eucharist. S1 RERC I can describe how my understanding affects my own and others' understanding of the ways that the 3-09a Sacraments (especially the Eucharist, as the source and summit of Christian life) make Christ present to nourish and support our relationships with God and with each other. I understand how the Sacraments help us to understand God's gift and message of transforming and saving love I have reflected upon the effects that the Sacraments have on my life. P. 226 I have considered and can express my response to how I can participate more fully in the Sacraments S1 RERC I can recognise the Mass as both a sacred meal and a sacrifice and I have reflected on what this means for 3-16a human salvation I have experienced opportunities to prepare for, and to participate in, Mass at class, year group or whole school level.

I have reflected on my prior learning about the Mass and its significance

- I know and can describe the two parts of the Mass: the Liturgy of the Word and the Liturgy of the Eucharist (CCC 1346)
- I know and have reflected on various aspects of the Mass (CCC 1348-55, 1408)
- I can explain that, at the Consecration, the bread and wine are changed into the Body and Blood of Jesus
- I understand that, through the Eucharist, Catholics sustain and deepen their covenant relationship with God
- I can describe the effect that my learning about the Mass has had on my actions
- I know that Catholics are obliged to attend Mass on a Sunday.

I know and understand that Mass is where the faithful are gathered by God to share a sacred meal.

I have been introduced to the understanding that Mass is also a sacrifice and I know that I will deepen this knowledge in S2

P. 231

I can describe how the Mass was instituted by Jesus at the Last Supper where he gave his disciples the instruction to "do this as a memorial of me" (Mark 14:22-25; Luke 22:19 (CCC 1337 – 44)

THIRD LEVEL - S2

S2 RERC 3-16a

I can recognise the Mass as both a sacred meal and a sacrifice and I have reflected on what this means for human salvation

I have experienced opportunities to prepare for, and to participate in, Mass at class, year group or whole school level.

I have had the opportunity to pray and reflect about Christ's presence in the Mass.

I know and I can describe the roles undertaken by all the participants at Mass: Christ himself, the priest, the deacon (if present), and the lay people

I am maturing in my understanding of the obligation to attend Mass on a Sunday

I can explain the obligation to fast before receiving Communion.

I have deepened my understanding of the Mass by exploring the liturgy of the Eucharist as a sacrifice.

I know that the Eucharist "re-presents" (makes present) the sacrifice of the Cross and the Resurrection (1 Cor 11: 23-26; CCC 1357, 1362-72, 1402).

P. 255

I can explain how, in the words and actions of the priest at the Consecration, Christ offers the Eucharistic sacrifice to God the Father (CCC 1410)

S2 RERC	I have explored the meaning of ritual and symbol within the Sacred Liturgy of the Church
3-17a	I know that Sacred Liturgy enables the Church to follow Christ's example through worship, proclamation and service of charity
	I can explain how liturgical actions, symbols and rituals reflect the importance of service to others:
	The Sign of Peace at Mass
	The breaking of the consecrated host at Mass
P. 256	 Participation in ministries e.g., reading, music, extraordinary ministers of Holy Communion
	FOURTH LEVEL – S3
S3 RERC	I have reflected upon the centrality and significance of the death and resurrection of Jesus to the Christian
4-07a	understanding of Jesus as Son of God and Son of Man. I can describe how this has affected my own and others'
	understanding of and belief in Jesus.
	I have explored how the celebration of the Eucharist is central to our understanding of the Death and Resurrection
P. 274	of Jesus and how the Paschal Mystery is central to our lives.
S3 RERC	I can recognise the Mass as both a sacred meal and a sacrifice and I have reflected on what this means for
4-16a	human salvation
	I have experienced opportunities to prepare for, and to participate in, Mass at class, year group or whole school level.
	I have continued to deepen my understanding of the Mass and I can explain how Christ is present in the Liturgy of the Word and the Liturgy of the Eucharist (CCC 1346-55)
	I can describe how participation in the Mass should affect a Catholic's life.
	I can describe how my learning about the Mass has had an effect on my actions.
	I am maturing in my understanding of the obligation to attend Mass on a Sunday
	I know and understand that, through the Mass, Christ's work of redemption is continued and that the faithful receive Jesus
	(Mass as meal: i.e. The "living bread that has come down from heaven" – Jn 6:51, 54-56; CCC 1406-10)
P. 283	I know and understand what the Mass means for Human Salvation, that Jesus is the Lamb of God who, through his sacrifice, frees us from sin and offers us the hope of eternal salvation with God in heaven (CCC 55)

S3 RERC	I have explored the meaning of ritual and symbol within the Sacred Liturgy of the Church
4-17a	I can explain the significance of the ritual and symbols of Sunday Mass in strengthening the relationship between
	Christ and the faith and mission of his followers
	Sustaining Faith
	 The choice of Sunday as the special day for praising God and rest from work
	 The coming together of the local Christian community
	The active participation of all
	The partaking of Holy Communion
	Promoting Mission
	 The witness, to today's society, of Catholic communities going to Mass every Sunday
	 The challenge to imitate Christ's proclamation of the Good News by sharing it with others in the community
	 The instruction to "Go in peace to love and serve the Lord" (Dismissal at Mass)
	 Taking Holy Communion to the sick and housebound
P. 284	I can describe how my learning about Sunday Mass has had an effect on my actions

THIS IS OUR FAITH – SENIOR PHASE CORE LEARNING ON MASS & THE EUCHARIST

CORE LEARNING

SENIOR PHASE – S4

I have explored the understanding that the Sacraments are uniquely significant and efficacious encounters with Signs of God Jesus and I have reflected upon the application of the term "sacrament" to the Church

I am developing my understanding of "Sacrament" being a sign and instrument of God's presence (A "mystery", that is, of God's presence in the world, and especially in the seven sacraments (CCC 1131)

I have participated in opportunities to pray, reflect and celebrate Sacraments as a faith community.

I can share my understanding of the importance and significance of the communal nature of the Sacraments

S4 Hours of God I can describe how the Mass is Christ's sacrifice on the cross perpetuated in time, and that it anticipates the feast of heaven.

I know that it is an obligation and privilege to attend Sunday Mass and I recognise my own responsibility to do so.

I have responded to opportunities within school to prepare for, and to participate in, the celebration of Mass

I know that it is Christ himself who acts in every celebration of the Eucharist, making his sacrifice for us on Calvary present now.

I can recall my prior learning of the links between the Last Supper and the Jewish feast of Passover.

I can link the sacrifice of the Passover, which brought freedom from slavery, to the sacrifice of Christ who brought freedom from sin.

I have explored the scriptural origins of the Sacraments and can describe how Christ chose and instituted them.

I am aware that the manna in the desert prefigured the Eucharist, 'the true bread from heaven'. John 6:32 (CCC 1094)

I can recall and describe the teaching that the Eucharist is the real presence of Christ: his body and blood offered for us.

I am deepening my understanding of the Eucharist as the "source and summit" of the Christian life. Lumen Gentium, 11 & CCC 1324

SENIOR PHASE – S5

I have explored the understanding that the Sacraments are uniquely significant and efficacious encounters with Jesus and I have reflected upon the application of the term "sacrament "to the Church

I can explain my understanding of how the Eucharist allows its participants to be present at the saving events of **the past** (Last Supper and Crucifixion), of **the present** (the Mass of the Church today) and of **the future** (Second Coming).

I have developed an understanding of the 'lasting effect' of the sacraments, especially in:

- Baptism, Confirmation and Holy Orders whose lasting effect is known as "the sacramental character"
- Eucharist whose lasting effect is the permanent presence of Christ in the consecrated bread and wine.
- Matrimony whose effect is the marriage bond, which is exclusive and indissoluble until death

I can summarise the historical circumstances which led to the declaration of the doctrine of Transubstantiation and to the particular language used to explain the doctrine.

S5 Hours of God

I can describe how the Mass is Christ's sacrifice on the cross perpetuated in time, and that it anticipates the feast of heaven.

I have responded to opportunities within school to prepare for, and to participate in, the celebration of Mass.

I know that it is an obligation and a privilege for Catholics to attend Sunday Mass and I understand my responsibility to do so.

I have reflected upon how the 'Paschal Mystery' is a unique event in history, and also that it continues through all time in the life and liturgy of the Church.

I understand Jesus as both victim and priest in the Eucharistic Sacrifice.

I know that "to receive communion is to receive Christ himself who has offered himself to us". (CCC 1382)

I have explored the acclamation of the Church: The Eucharist is "a pledge of the life to come". (CCC 1402)

I can discuss how Christ is truly, substantially present in the Sacrament of the Eucharist. (Sacrosanctum Concilium,7)

I can articulate how Christ, in the Sacrament of the Eucharist, draws us into union with him and communion with each other.

I recall the life of one saint who died for their belief in the Real Presence.

I understand why the Mass should be at the centre of my life both now and in the future.

SENIOR PHASE – S6

I have explored the understanding that the Sacraments are uniquely significant and efficacious encounters with Jesus and I have reflected upon the application of the term "sacrament" to the Church.

I understand the meaning of the term 'Sacrament' as a sign and instrument of God's presence in the world: "The Church in this world is the sacrament of salvation, the sign and the instrument of the communion of God and men". (CCC 780)

I can discuss how belief in a lasting effect of the sacrament shapes Catholic religious practice: "The seven sacraments are the signs and instruments by which the Holy Spirit spreads the grace of Christ the head throughout the Church which is his Body. The Church then both contains and communicates the invisible grace she signifies. It is in this analogical sense, that the Church is called a "sacrament". (CCC 774)

I can describe how the Holy Spirit unites the Church to the life and mission of Christ and how the gift of communion can bear fruit in the world through the Church.

I can explain the role of the Holy Spirit in the life of the Church as a whole and the sacramental liturgy in particular.

"What else are the Sacraments (all of them), if not the action of Christ in the Holy Spirit? When the Church baptises, it is Christ who baptises; when the Church absolves, it is Christ who absolves; when the Church celebrates Eucharist, it is Christ who celebrates it. All the sacraments are an action of Christ, the Action of God in Christ." (Pope John Paul II, Crossing the Threshold of Hope)